



MID WINTER MELT DOWN

Mendota Rowing Club's
INDOOR REGATTA

MIDWINTERMELTDOWN

Saturday, January 25, 2014 Madison, Wisconsin

midwintermelt-down@mendotarowingclub.com 608-257-CREW

<http://midwinter-melt-down.mendotarowingclub.com/>

Midwinter Meltdown
Indoor Rowing Competition

Saturday, January 25, 2014

UW Porter Boathouse
680 Babcock Drive
Madison, WI

Events include 1000m, 2000m, 6000m and relays. Up to four competitors who qualify will receive air transportation to Boston to compete in the 2014 World Indoor Rowing Championships ([CRASH-B Sprints](#)) to be held on Sunday, February 16, 2014 in Boston. All events will be rowed on Concept2 Model D ergometers.

Great Regatta Location

[UW Porter Boathouse](#) • 680 Babcock Drive • Madison, WI (see attached map for parking)

Register

NEW THIS YEAR – ALL REGISTRATION IS ON LINE

Please go to mendotarowingclub.com and select the registration link on the home page. Each participant must register individually. Pay by check or by PayPal. (Note: If clubs want to submit a single payment for all registrants, just let us know).

Register early and save:

Early entry deadline is Monday, January 19, 2014 - \$25 per competitor

Regular Registration up until the day before the event - \$30 per competitor

Event Day Registration - \$35 per competitor

Register for as many events as you'd like; one fee per competitor.

Order an Erg and SAVE!

Order a new Concept2 Model D erg at the discounted price of \$850 plus free shipping and save \$100 (retail price is \$900 plus approximately \$50 shipping). Ergs are delivered to the event site and will be used for the races. Purchasers must pick up their ergs on the day of the event by 3pm. You may order an erg at the same time you register. Orders must be placed and payment received by January 3, 2014.

Questions

Contact us at midwintermeltdown@mendotarowingclub.com or call 608-257-CREW.

M I D W I N T E R M E L T D O W N 2014

Estimated Schedule

<u>Event</u>	<u>Event Code</u>	<u>Time</u>
Masters Women 2000 m	MW2K	8:30 am
Masters Men 2000 m	MM2K	8:45
Senior/Veteran Women 2000m	MW2K	9:00
Senior/Veteran Men 2000 m	MM2K	9:15
Open Women 2000 m	OW2K	9:30
Open Men 2000 m	OM2K	9:45
Lightweight Women 2000 m	LW2K	10:00
Lightweight Men 2000 m	LM2K	10:15
Junior Women 2000 m, Heat1	JW2K	10:30
Junior Lightweight Women 2000 m	JLW2K	10:45
Junior Men 2000 m, Heat 1	JM2K	11:00
Junior Lightweight Men2000 m	JLM2K	11:15
Novice Women 2000 m	NW2K	11:30
Novice Men 2000 m	NM2K	12:00 pm
Coxswain Women 1000 m	CW1K	12:15
Coxswain Men 1000 m	CM1K	12:15
Open Women 6000 m	OW6K	12:30
Masters Women 6000 m	MW6K	12:30
Open Men 6000 m	OM6K	1:00
Masters Men 6000 m	MM6K	1:00
Parent-Child 2 x 500 m	PCR	1:30
Women Team 4 x 500 m, Heat 1	WR	1:45
Men Team 4 x 500 m, Heat 1	MR	2:15
Coed Team 4 x 500 m, Heat 1	CR	2:45

The following exhibition event will be raced concurrently to the events above:

<u>Event</u>	<u>Event Code</u>	<u>Time</u>
Double on Slides 2 x 1000 m	TWO	All Day

Age Categories

14-18 Junior
19-29 Open
30-39 Masters
40-49 Senior
50-59 Veteran A
60-69 Veteran B
70-79 Veteran C
80-89 Veteran D
90-99 Veteran E

Any age may race as Open.
19-29 may only race as Open.

Novice Rowers

Novice rowers are those whose first competition has been within the previous 12 months. If this is your first indoor regatta, you may row as novice.

Weight Restrictions

Lightweight Men = 165 lbs or less
Lightweight Women = 135 lbs or less
Coxswain Men = 130 lbs or less
Coxswain Women = 120 lbs or less

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Parking

There is free parking in UW Lot 34 near Porter Boathouse.

